



Empowering parents to help their little stars

Welcome to our Shine21 parent newsletter.

Our mission and goals are detailed on the Shine21 website however our overall aim is to empower you, the parents to help your littles ones shine. We aim to do this by providing you with resources and activities to enhance their development, run developmental sessions by qualified therapists and be there for you weather you need some guidance on completing DLA forms, Makaton tips or just someone to talk to.

July Edition

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Shine21 HQ

Unit 1
Sutton Grange Farm
Sutton on the Forest
York
YO61 1EN



Welcome

We are so pleased that we have recently welcomed new families to Shine21. We hope to meet you all soon.

Hello – and hurrah for the holidays! We’re so proud of how hard our shining stars have worked this academic year and hope that you find time in between rest and play to practice the activities from the sessions at home. The countdown to our Summer Fun Day is now on and we’ve got some great dates for your diaries in the coming weeks and month!

Feedback forms

Thank you to everyone who completed the feedback form. Jo, Alice and Louise met on the 29 July to look into the support Shine21 offers, budget for next year and the feedback provided. We will be emailing everyone shortly and also inviting you to the relevant development groups for your child.

Thank you cards

We’re still looking for people to feature on the new thank you card. Our theme is: ‘Thank you: your support and generosity has helped me...’ The card will show photos of the children doing something they’ve achieved or something that has made a difference to your family which Shine21 has supported in. This could include learning to blow bubbles, learning Makaton, meeting mums on a similar journey and so on.

We have drinking, Makaton and bubble blowing already taken but if you would like to contribute and have an achievement different to those mentioned, thanks to the support of Shine21, please contact Louise.



Development Groups

Speech and language therapy sessions

The academic year has now come to a close which means our Speech and Language Therapy sessions are paused until September. Louise and Gwen have seen a huge difference in the children and their willingness to learn, as hopefully you have too. We hope your target trackers and the resources you have been loaned will help you to continue with the activities during the summer holidays. Our recommendation is that children are sat at a supportive table and chair when you are undertaking the activities; this will help them ease back into the sessions after the break.

Stay and Play

We are excited to invite you to Shine21 HQ on the 5th August 10am for our stay and play session. A summer themed session is planned so a spare set of clothes may be needed.

Feeding clinics with Gwen

The demand for sessions with Gwen is significantly increasing so we are trying, when possible, to prioritise those with urgent concerns. Please contact Louise for an appointment if you do have a concern. We will be reviewing our feeding support offering due to the high demand and will keep you updated with any changes.

School Visit and EHCP's

It has been amazing to attend the latest round of MSP and EHCP meetings along with school visits. The children are thriving in their settings and it is lovely to hear feedback that settings can see the impact Shine21 is having on the children's development.

Makaton Taster of Friends and Family – new date

Please share with your friends and family.



FAMILY TASTER SESSION

Exclusive to friends and family of a Shine21 family

Are you keen to support your family on their journey with Makaton then please join me and other Shine21 families for a coffee morning and Makaton taster session.

This session is a relaxed and fun introduction to Makaton, suitable for beginners who would like to understand more about Makaton and learn c50 signs to support every day communication

You will leave being able to sign a range of phrase, such as, lets read a book or play with the toys, can I help you and I love you

Friday 30 September 2022

10am - 12 noon

Unit 1, Sutton Grange Farm, Stockton on the Forest, York, YO61 1EN

Donation of £5 per person to cover costs would be appreciated



Events and Fundraising

We are reviewing our fundraising plan and financial sustainability and we will update you shortly.

Shine21 Summer Fun Day

The countdown is on to our Summer Fun Day on 7 August - thank you to everyone who has volunteered to help. We need as many volunteers as possible, so if you can help on the day please contact Cath.

Please share with the event poster with your friends, family and local community.



June fundraising events success

Thank you to our volunteers who attended the Copmanthorpe Carnival and the York Dragon Boat Race. We raised a total of £241.60.

Car boot sales

This is just a reminder that we would really appreciate support in hosting a car boot sale and selling the preloved items we have had donated.

Grants and donations

A huge thank you to JNJS Soul who hosted a fabulous evening and raised an incredible £356 for Shine21.



Thank you to No Limits Martial Arts Fitness Centre which donated £200 following a nomination from a colleague of a Shine21 family.

Shine21 Behind the Scenes

Socials and Wednesday Zooms

Earlier this year we sought your feedback whether you would like social events planned and it was clear that these were an important part of Shine21. Alice has proceeded to organise and plan social events and Wednesday Zoom chats however the uptake has been very poor. The demand for this may have changed so we would appreciate any feedback or further suggestions.

Volunteers needed

- to join the fundraising team to help plan and coordinate Shine21 events
- to support at the Shine21 fun day on the 7 August.



Dates for your diary

5 August – Stay at Play
7 August – Shine21 summer fun day
13 August – Whitby social
