



Empowering parents to help their little stars

Welcome to our Shine21 parent newsletter.

Our mission and goals are detailed on the Shine21 website however our overall aim is to empower you, the parents to help your little ones shine. We aim to do this by providing you with resources and activities to enhance their development, run developmental sessions by qualified therapists and be there for you whether you need some guidance on completing DLA forms, Makaton tips or just someone to talk to.

January Edition

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Happy new year everyone! If we've not seen you in person yet, we hope your 2022 is going well so far. It looks set to be a busy and exciting year for Shine21 and has got off to a flying start with our little ones returning to their development groups with enthusiasm, and it's all systems go with our fundraising plans.

A warm welcome...

Huge congratulations to Christine and Tim on the safe arrival of Ruby. We look forward to meeting you all soon.

Thank you

Wow what a fabulous month December was for Shine21. Thank you to everyone who helped, ran events and supported us.



Bright Stars and Therapy

Bright Stars are back!

It's been lovely to see the return of the development groups after the Christmas break. The children are engaged and ready to learn. It has also been wonderful to see some new faces at the sessions.

If you don't already attend a session but would like to, please email Louise for more information. If you would like to attend sessions but are unable to travel, please also contact Louise as we can offer support delivered by Seaside Salt over Zoom.

Some of our younger members of the group have started their development sessions with Gwen and it's been incredible to see them sitting at the table engaged and making great progress already.



Occupational Therapy

The OT sessions will resume this year so if you'd like to attend, please complete a booking form and return to the OT team. The dates for this term's sessions are:

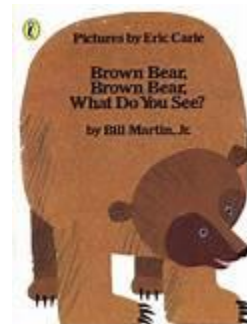
7 February

7 March

5 April

Stay and Play - online

The next Stay and Play is on Tuesday 25 January however due to Covid-19 numbers and Emma currently home schooling, we'll be moving the session to an evening online Zoom at 8pm. Emma will teach you the signs to the book *Brown Bear Brown Bear What Do You See?* as well as a number of nursery rhymes. Please do join us, we'd love to see you!



Zoom: Meeting ID: 788 108 2333 Passcode: 8701223

Feeding clinics with Gwen

The feeding clinics in January and February are now fully booked. The next slots are on the 7 / 8 March. If you would like to book a 1:1 session with Gwen, please contact Louise.

Events and Fundraising

Fundraising

Our fabulous fundraising team met on the 19 January to plan and book in this year's events. We've put together a fundraising ideas pack which we hope you will share with friends and family to encourage them to raise money for Shine21; this will enable us to continue to offer the fabulous sessions and support.

If you would like to hold a fundraising event or join our fundraising team please email Jo at fundraising@shine21.org

Inflatable 5k

Who would like a challenge this June? We are looking at putting a Shine21 team together. If you or a friend/relative would be interested in taking part please email Jo at fundraising@shine21.org

100 Club Renewal

We'll shortly be renewing our 100 Club; last year it raised £900 and we hope to sell all 100 numbers again this year. We will be contacting those who have an existing number to see if they would like to re-enter for this year and then advertise remaining numbers.

Future fundraising

We have big plans for fundraising in 2022! We'll soon be unveiling a fundraising ideas pack containing ideas, why we need the support and what the support funds. Watch this space...!

Grants and Funding

Thank you to everyone who donated to Shine21 instead of sending Christmas cards. We appreciate your on-going support.

Thank you to Just Dance which raised an incredible £620 at a recent dance show. The money raised will be split between York SCBU and Shine21. Thank you to Cath for selling tickets and promoting Shine21.

We are delighted to say our grant application to Hiscox was successful and have been awarded £5,000 which will help fund our Speech Therapy sessions.

Shine21 Behind the Scenes

Shine21 - behind the Scenes

We're currently looking at the structure of the Shine21 committee and will keep you updated regarding who is leading which section. If you would like to support Shine21 behind the scenes, please let us know.

Website

We're busy working to update the website, particularly the parents' section. We hope it will be live very soon!

Socials

Alice is currently looking into booking in monthly meet ups and we will share the plans with you shortly.

Sign and Wine

Your feedback tells us that you valued the Makaton and chat on the Wednesday evening Zooms. Alice is looking at re-introducing these – so watch this space!

100 Club

The winner of the December 100 Club was Janet Rodgers and the lucky winner for January was Janet Rodger AGAIN!

The next draw takes place on 21 February, so keep your fingers crossed!



Dates for your diary

25th January – Online stay and play 8pm

7th February – Occupational Therapy

26th February – Potential social meet up

We are looking forward to watching your little stars shine this year.
