



Empowering parents to help their little stars

Welcome to our Shine21 parent newsletter.

Our mission and goals are detailed on the Shine21 website however our overall aim is to empower you, the parents to help your little ones shine. We aim to do this by providing you with resources and activities to enhance their development, run developmental sessions by qualified therapists and be there for you whether you need some guidance on completing DLA forms, Makaton tips or just someone to talk to.

April Edition

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Our new home address

We are pleased to confirm our correspondence address is;
Unit 1
Sutton Grange
Sutton on the Forest
York
YO61 1EN



Hello again! It's a new month - and a momentous one for Shine21, as we've moved into our very own premises. What a milestone! The premises are now ready and waiting to welcome you all for developmental sessions after the Easter break. Thank you to everyone who has supported us in making this dream a reality.

A warm welcome...

Welcome to Samuel and his family. We are excited to welcome you to Shine21 and look forward to meeting you soon.

Thank you cards

The children have grown up so quickly and we have had lots of new families join, our thank you card is looking very out of date so we would like to create a new one.

We are hoping to create a card which features pictures of the children with either a picture of them demonstrating something Shine21 has helped them achieve or holding a sign explaining it.

If you would like your child to take part please contact Louise by 20th May.



Changes to Speech and Language



As Shine21 grows, we want to ensure we continue to offer the best support to the children. All therapy sessions will therefore now take place at our new premises (see below). This allows us greater control regarding the content and ensures that we have consistency regarding the therapist which we use. Gwen Toner, who specialises in Down Syndrome, will now be delivering all speech and language therapy and this provides the opportunity for us to utilise her skills and knowledge as much as possible.

We appreciate this may cause difficulties for school-age children so we intend to fund a private speech and language therapy report with the aim to seek therapy in your child's school setting. When your child approaches school age, Louise will be in touch to discuss the options on offer.

The Shine21 trustees will review the approach of our services on a termly basis and we will also seek your feedback via a termly feedback form, to ensure your views are taken into consideration when we move forward. If you'd like more information on Shine21's therapy support, please take a look at the parents' section of our website.



Development Groups



Speech and Language Therapy Group News

It's been wonderful to welcome the youngest members of the group to speech and language therapy sessions. Parents have been really engaged with the activities and recommendations to aid development, provided by Gwen, which has been lovely to see. After Easter, the families will commence the Makaton Signing for Babies course before starting their developmental sessions with Gwen.

After Easter, the York pre-school groups will be moving onto sight word reading. We are busy making resources which will be provided to transfer the learning at home and also nursery settings.

Occupational therapy – dates and new location

The OT sessions will resume this term. Due to the May bank holiday there will be no session in May. The dates for this term's sessions are 6 June and 4 July. Sessions will be now held at the Sensory OT4me premises:

5 Middlethorpe Business Park
Sim Balk Lane
York
YO23 2BQ

We have liaised with the OT ladies and will be trialling a new format for the sessions which will feature more group activities. At the end of the summer term we will ask for feedback as to how you feel this new format is benefiting your child. If you have any queries in the meantime, please contact Louise.

Stay and Play

Following your feedback we have amended the Stay and Play sessions. They will be on a bi-monthly basis and will take place at the Shine21 premises.

Feeding clinics with Gwen

Our feeding clinics will continue to be available this term. If you are due a review or an initial appointment, Louise will contact you. If you have an urgent need or a concern please let Louise know.

Events and Fundraising

We have an impressive calendar of events lined-up to help raise vital funds for Shine21 – in addition to raising our profile and awareness of Down Syndrome. Thank you to the fundraising team for their hard work in planning these events.



Shine21
Fundraising Events 2022

Can you help?

We continue to look for volunteers for our fundraising events. We thought it might be helpful if you knew what each event would look like and how many people are needed.

APRIL/MAY 2022
30TH - 2ND HAXBY Scarecrow festival
- Man an information display for a couple of hours each day- x1 person per day

May onwards 2022 (Sundays)
Wigginton car boots
- Sell our preloved items. These will all be organised and boxed, ready to collect from Shine HQ. The car boot runs from 7am-11am- x2 persons.

June 2022
4th wigglyfest
-Man a stall approx. 10-4 selling sweets/tombola other items- x2 persons.

18th inflatable 5K (Sponsorship)
-Please come and join us anytime to support and cheer Team Shine21 on!

25th Summer Raffle
-Selling raffle tickets (as many as possible ☺)

July 2022
2nd Copmanthorpe Carnival
-Man a stall approx. 10-4 selling sweets/tombola other items- x2 persons

9th Haxby Carnival
-Man a stall approx. 10-4 selling sweets/tombola other items- x2 persons.

10th York Dragon Boat
-Man a stall approx. 10-4 selling sweets/tombola other items- x2 persons.

AUGUST 2022
7th Shine21 Fun Day
-Man a stall approx. 9-4 selling sweets/tombola/games other items, help set up and decorate the venue- x15 persons.

24th A NIGHT WITH ADAM COLLIER
- Selling tickets

DECEMBER 2022
TBC WREATH DECORATING
- Volunteer's to run their own local event. All items needed will be supplied x6 persons

10th CHRISTMAS CRAFT FAIR
-Man a stall approx. 9-4 selling sweets/tombola/games other items, help set up and decorate the venue- x10 persons.

We hope this helps, please contact Jo on fundraising@shine21.org for more information/ volunteer

However... we need your help! We're struggling for volunteers to help support at these events so any support and or time you can give would be much appreciated. You'll find more information on the poster below or please contact Jo.

We welcome new ideas and fundraising initiatives so if you'd like to join our fundraising team or organise a fundraising event, please contact Jo.

Car boot sales

We're rapidly approaching the start of the car boot season. Last year we raised nearly £4,000 from selling preloved items donated to us, and we'd love to achieve this once again. If you could spare a few hours on a Sunday morning to man a car boot sale, please let us know. You can either attend alongside one of our existing volunteers at Wigginton or collect items from our premises and sell at a sale or online selling site near you. Any help would be much appreciated.

Shine21 Summer Raffle

We will be asking all families to sell raffle tickets. We have some fabulous prizes available. Tickets can be bought online through our shop and we will be distributing tickets to you to sell to your friends and family. Please remember to send the stubs back to Jo.



Happy selling.....

May's fundraising events

Haxby Scarecrow Festival - 30 April - 2 May 2022

Shine21 has been chosen by the event organisers to be one of the chosen charities and so the Shine21 display banner will be on show at the start of the trail. We're looking for a couple of volunteers to attend for two hours to promote Shine21 – are you able to help? Louise will be entertaining a scarecrow on behalf of Shine21!

Duncombe Park - 2 May

Jo and Christine will be attending Duncombe Park show to promote Shine21 and raise money by running a tombola and sweet stall.

Grants and donations

We're working hard behind the scenes to secure funds for our 2022-2023 financial year. We have an ambitious target of achieving £70,000, so your support is crucial. If you know of any businesses which sponsor charities, or have donation schemes, then please let Louise know.

Shine21 Behind the Scenes

Shine21 - behind the scenes

Due to dramatic growth in a short period of time, we're looking at the committee board to ensure it is sustainable moving forward. We're also assessing what additional help we need to continue supporting Shine21's growth. If you're interested in joining the committee, please contact Alice, Jo or Louise. We will continue to keep you updated with any changes.

Area reps required

As Shine21 grows we are looking for area representatives in Scarborough, York and Harrogate. The role will entail touching base with families, arranging local meet ups and being a point of contact for families in your area. Please let Louise or Helen know if you are interested.

NHS and Shine21

Louise is working with York and Scarborough hospitals to agree a collaborative way forward. Both parties are keen to remove the concern that accessing Shine21 will reduce the level of NHS support you will receive. We are in the processing of agreeing a date in which Rachel Shearer, can come and observe our sessions to see the therapy and services we provide for the children. A model of support moving forward will then be agreed.

100 Club

April's 100 Club is Daynor – congratulations! Best of luck for the next draw on 21 May 2022.



Dates for your diary

30 April – 02 May – Haxby and Wigginton Scarecrow festival

02 May - Duncombe Park Show
